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The Future of Stroke happens at the Calgary TELUS Convention Centre

Did you know that strokes are the third leading cause of death in Canada and a leading cause of disability? A stroke can happen at any age and stroke risk factors are increasing for young adults.

That is why events like the Canadian Stroke Congress are so important. This past weekend, hundreds of stroke experts from Canada and around the world met at the Calgary TELUS Convention Centre to brainstorm strategies and showcase the latest research breakthroughs. The congress goal is for delegates to return home to their labs armed with new tools and knowledge that at the end of the day, help save lives.

Highlights from the congress included a stop by Canada's first stroke ambulance. The ambulance is the first of its kind in the world to focus on rural stroke care and is essential a mobile stroke unit that can be dispatched directly to a patient's location. It is staffed with the appropriate team to ensure the patient has the best and fastest treatment possible.

We live in a technological world and it doesn't stop with stroke research. Another highlight was this year's plenary on the advances of stroke rehabilitation and the use of robots and brain stimulation.

Stroke research and information sharing happens year round but it is congress's like the one held at the Calgary TELUS Convention Centre that provide the space and the stage for experts to come together and learn.

"Experts from around the world converge for the Canadian Stroke Congress for a first-hand look at emerging research findings and the best-practices which have true potential to become tomorrow's prevention and treatment strategies. This unique opportunity to meet and hear from an exceptional line-up of national and international leaders – representing the entire spectrum of stroke prevention, research and clinical care – will set the future directions for how we think about and treat stroke." -Dr. Jeffrey Minuk, co-chair, Canadian Stroke Congress.