

## PLATED LUNCH

**Asparagus and Ricotta** \$48

Ravioli with Sundried Tomatoes and Mushroom Ragout

**Roast Chicken Supreme** \$50

Basil and Plum Tomato Sauce  
Roasted Garlic Green Beans  
Honey Roasted Alberta Baby Potatoes

**Roast Alberta Pork Loin** \$57

Pickled Mustard au jus  
Roasted Potato and Mustard Greens  
Toasted Almond Broccolini

**AAA Alberta Striploin Steak** \$65

*(maximum 400 guests)*

Natural Beef Au Jus  
Confit Garlic Yukon Gold Rustic Smashed  
Roasted Alberta Wild Mushrooms

**Roasted Chicken Breast** \$51

Natural Chicken Au Jus  
Mixed Mushroom and Asiago Risotto  
Tarragon-Butter Roasted Carrots

**Atlantic Salmon** \$53

Lemon-Tarragon Garlic Sauce  
Caramelized Fennel  
Herb Roasted Alberta Fingerling Potatoes

**All Plated Lunches Include:**

House-made Salad or Caesar Salad or Caprese Salad  
Cocktail Rolls and Butter

Choice of one of the following desserts:

- Chocolate and Raspberry Cheesecake
- Raspberry Caramel Tart
- White Chocolate Blueberry Bavaois
- Dark Chocolate Espresso Mousse with Raspberry Conserve and Almond Crackle

Freshly Brewed Starbucks Regular and Decaffeinated Coffee

Traditional and Tazo tea

*Prices are per person and subject to change. A customary 19% service charge and GST of 5% will be added to price.*

## BUFFET LUNCH

All lunch buffets include Starbucks regular & decaffeinated coffee, traditional & Tazo teas.

Minimum 20 guests or an additional \$8 per person will apply. Additional \$10 per person for full table set up.

### Sandwich and Wrap Bar

**\$47**

Tomato Soup  
Mixed Greens with two Dressings  
Potato Salad with Pickles and Eggs  
Beef Bahn Mi Wrap  
Turkey Sandwich  
Italian Sandwich  
Vegetarian Sandwich  
Assorted Sweet Squares

### Taco Buffet Lunch

**\$50**

Mexican Corn Salad  
Spanish Rice  
Chili and Cilantro Black Beans  
Shredded Beef or Shredded Chicken  
Pico de Gallo and Shredded Lettuce  
Guacamole  
Corn and Flour Tortillas  
Mexican Chocolate Tarts

**Add \$5 to have both proteins**

### Chilled

**\$49**

Romaine Hearts Salad with Asparagus and  
Vine Ripe Tomatoes  
Grilled Vegetables  
Farfalle Pasta Salad with Arugula  
Spiced Tomato and Cucumber Salad  
Herb Crusted Beef with Sun Dried  
Tomato Mayonnaise  
Seared Chicken with Cranberry Marmalade  
Grilled Bourbon Shrimp with Maple Glaze  
Assorted French Pastries  
Cocktail Rolls and Butter

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### Calgary Burger Bar

\$47

Caesar Salad

Tater Tots

Kaiser Buns, Canadian Cheddar, Swiss Cheese,  
Smoked Bacon, Lettuce, Onion, Tomatoes, Dill  
Pickles, Banana Peppers, House Condiments

Grilled Chicken Breast

Grilled Alberta Beef Burgers

Assorted Sweet Squares

### Salad by Design

\$49

Chicken and Barley Soup

Quinoa Salad with Kale, Apricot and Pistachio

Chickpea Salad with Cucumber, Red Onion,  
Kalamata Olives and Citrus Dressing

Mixed Greens with Dressings

Choice of Two of the Following Hot Proteins:

- Chimichurri Beef
- Herb and Lemon Chicken
- Marinated Tofu

Assorted French Pastries

Cocktail Rolls and Butter

### Italian

\$49

Antipasto Salad

Caesar Salad with Croutons and Parmesan Cheese

Green Beans with Crispy Prosciutto and Asiago

Farfalle Pasta with Roasted Vegetables and  
Feta Cheese

Chicken, Sundried Tomato Pesto and Arugula

Garlic Bread Sticks

Chocolate Creameux

Hazelnut Cookies

### French

\$49

Saffron and Tomato Soup

Spinach and Frisse Salad with Egg, Pickled Red  
Onion, Green Beans and Dijon Vinaigrette

Roasted Asparagus Salad with Golden Beets, Feta,  
Pecans and Balsamic Vinaigrette

Whipped Truffle Potatoes

Boeuf Bourguignon

Chicken Cassoulet

Assorted French Pastries

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## CUSTOM LUNCH BUFFET

All lunch buffets include Starbucks regular & decaffeinated coffee, traditional & Tazo teas.

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### Soups (Choose One)

Smokey Tomato Bisque  
Butternut Squash  
Chicken and Barley Soup  
Smoked Potato and Leek  
Broccoli and Cheddar  
Harvest Vegetables and White Beans

### Salads (Choose One)

Mixed Lettuces, Feta, Grape Tomatoes,  
Cucumbers, Carrots, Champagne Vinaigrette,  
Herb Ranch Dressing  
Red Quinoa with Chickpea Salad and Citrus Dressing  
Roasted Heirloom Potato Salad  
Spinach and Arugula, Oven Roasted Tomatoes,  
Pickled Onions, Egg, Bacon-Ranch

### Vegetables (Choose One)

Maple Roasted Carrots  
Brown Butter Green Beans  
Roasted Cauliflower and Broccoli  
Garlic Broccolini  
Mediterranean Vegetable Medley

### Starch (Choose One)

Wild Rice Pilaf  
Herb Roasted Red Potatoes  
Smashed Alberta Potatoes  
Roasted Sweet Potatoes  
Creamy Asiago Polenta

### Dessert

Assorted French Pastries

### Mains (Choose One)

Herb Roasted Chicken, Natural Jus	\$47
Whisky Glazed Chicken, Sage Jus	\$47
BBQ Rubbed Chicken	\$47
Seared Salmon, Whole-Grain Mustard Cream	\$47
Salmon, Putanesca Sauce	\$47
Slow Smoked Brisket, Natural Jus	\$47

### Add a Main - \$10

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## BAGGED LUNCH

### Traditional

\$32

Choice of the Following Baguette Sandwich:

- Ham
- Turkey
- Beef
- Vegetable

Caesar Salad

Whole Fruit

Chips

Granola Bar

Bottled Water

### Roll-In / Grab and Go

\$29

All items based on one per person, individually packaged, served buffet style or roll-in.

Choice of the Following Baguette Sandwich:

- Ham
- Turkey
- Beef
- Vegetable

Caesar Salad

Whole Fruit

Chips

Granola Bar

Bottled Water

### Add Ons:

Individually Wrapped Cheese \$3

Beef Jerky \$3

Protein Bar \$3

Quinoa Salad \$3

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## ENHANCEMENTS

Assorted Sandwiches and Wraps 1.5 pieces per person, cut in half	\$23/person
Add Soup of the Day to Any Buffet	\$4/person
Individual Milk, 2%, Skim, Chocolate	\$3.50 each
Assorted Soft Drinks	\$4.50 each
Bottled Water	\$4.50 each
Sparkling Water	\$4.50 each
Assorted Bottled Fruit Juices	\$4.50 each
Chips	\$3.00 each
Assorted Cookies	\$34/dozen
Assorted Shortbread Cookies	\$36/dozen
Gluten Free Cookies	\$40/dozen



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